


Soul Sisters

Women's Empowerment Group

Join us in a warm, welcoming environment where women come together to chat, unwind, and simply be themselves. Whether you're here for a friendly conversation or to take part in one of our occasional activities, you'll find a supportive community that celebrates growth, connection, and wellbeing.

An illustration of three women walking away from the viewer on a sandy beach towards the ocean. The woman on the left has dark curly hair and is wearing a yellow top and grey shorts. The woman in the middle is wearing a red dress and a wide-brimmed hat. The woman on the right is wearing a light blue dress and a wide-brimmed hat. They are holding hands. The background shows a rocky cliff on the left and waves breaking on the beach under a blue sky with light clouds.

Be Bold,
Be Fearless,
Be You!

Enquiries contact:
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St Leonards Church Hall
Chapel St Leonards

Monthly- 1st Friday from 12 - 1.30pm
starting 5th Sept