



SECONDARY BREAST CANCER SUPPORT GROUP



UPCOMING DATES 2023:

Meetings are now going to be run monthly at both venues.

BOSTON AND LINCOLN (12PM – 2PM)

- MONDAY 13TH MARCH
- MONDAY 17TH APRIL
- MONDAY 15TH MAY
- MONDAY 12TH JUNE
- MONDAY 10TH JULY
- MONDAY 14TH AUGUST
- MONDAY 11TH SEPTEMBER
- MONDAY 9TH OCTOBER
- MONDAY 13TH NOVEMBER
- MONDAY 11TH DECEMBER

BOSTON



ST BARNABAS WELLBEING CENTRE
NOVAK HOUSE, ENDEAVOUR PARK,
WYBERTON FEN,
BOSTON, PE21 7TT

LINCOLN



ST BARNABAS WELLBEING CENTRE
HAWTHORN RD,
LINCOLN, LN2 4QX

A county wide support group for anyone affected by a secondary breast cancer diagnosis.

Offering peer support in an open and friendly place – somewhere you can just be yourself!

There will be guest speakers offering advice and support on nutrition, exercise, mindfulness, and more. There will also be access to further support through the hospital teams, and a chance to make new friends.

Facilitated by our wonderful volunteers with a wealth of experience in support groups and wellbeing.

To join our Tea and Chat groups or find out more, email:

sbc.supportgroup@stbarnabashospice.co.uk

**BREAST
CANCER
NOW** The research
& care charity

NHS
United Lincolnshire
Hospitals
NHS Trust

**MAKE
2NDS
COUNT**
Giving hope to those affected by
secondary breast cancer.

**MACMILLAN
CANCER SUPPORT**

 **Cancer Support**
Lincolnshire



St Barnabas