



HOME SAFETY CHECKLIST

SMOKE ALARMS



- ✓ Test your smoke alarm at least once a month
- ✓ Vacuum around the smoke alarm with the brush attachment
- ✗ Don't take out the batteries unless you are replacing them

BEDTIME CHECK



- ✓ Close all your internal doors
- ✓ Switch off non-essential power sockets
- ✓ Remember your escape plan
- ✓ Make sure your escape routes are clear
- ✓ Ensure keys are easy accessible by the exit door
- ✗ Don't charge personal devices (eg mobile phones) overnight

IN THE KITCHEN



- ✓ Keep tea towels and cloths away from the cooker and hob
- ✓ Double check your cooker is turned off when you finish
- ✓ Use a thermostat deep fat fryer instead of a chip pan
- ✓ Keep your oven, hob and grill clean
- ✓ Keep electrical equipment away from water



- ✗ Don't leave cooking unattended, even for a minute
- ✗ Don't cook when you have been drinking
- ✗ Don't put metal in the microwave and check instructions
- ✗ Don't use toasters near curtains or under cupboards



HOME SAFETY CHECKLIST

CIGARETTES



Top tip

Put them out.
Right out!

- ✓ Take extra care when you are tired or have been drinking
- ✓ Completely stub out your cigarette in a proper ashtray
- ✗ Don't smoke in bed
- ✗ Don't leave a lit cigarette lying around

CANDLES



Top tip

Be careful
with candles

- ✓ Keep candles in a secure holder and away from curtains
- ✓ Put out all candles before you leave the room
- ✗ Don't leave children or pets alone with a lit candle

ELECTRICAL EQUIPMENT



Top tip

Don't overload

- ✓ Try and keep to one plug per socket
- ✓ Replace any damaged equipment or wires
- ✓ Only use the charger provided with the equipment
- ✓ Turn off non-essential equipment at night
- ✗ Don't overload sockets with too much equipment
- ✗ Don't run washers, dryers or dishwashers overnight

Main symptoms of carbon monoxide poisoning:



Headaches



Nausea



Breathlessness



Dizziness



Collapse



Loss of
consciousness