



The Night Light Cafes are an out of hours, non clinical support service for people who are experiencing a crisis in their mental health. Hosted in church buildings in various areas of Lincoln and staffed by teams of trained volunteers, the cafes provide a warm welcome alongside a listening service and signposting advice.

Over the winter months, the Night Light service is offering extended opening hours. Please see timetable below:

Monday 4pm - 8pm	St John the Baptist, Laughton Way, Ermine, LN2 2ES
Monday 8pm - 11pm	Bridge Central, Portland Street, LN5 7NN
Tuesday 4pm - 8pm	St Giles Methodist Church, Addison Drive, St Giles LN2 4LH
Tuesday 8pm - 11pm	St.Columba's Church Centre, Brant Road, LN5 8SE
Wednesday 4pm - 11pm	Bailgate Methodist Church, Bailgate, LN1 3AR
Thursday 4pm - 11pm	Boultham Breakthrough centre, Boultham Park Road, LN6 7ST
Friday 4pm - 8pm	Life Church, Birchwood Avenue, Birchwood LN6 0JE
Friday 8pm - 11pm	Bridge Hub, Newark Road, LN5 8NQ
Saturday and Sunday 8pm - 11pm	Phone Support

Phone support is also available every evening.

To access the service, guests should call 0300 0111 1200 or make contact via our Facebook page, @nightlightcafeincoln, to book a visit or to arrange phone support.